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Where skincare and personal wellness is our passion, and where you, our patient, are our priority.

## Please note available service locations are specified.

We are currently offering only medical services and HydraFacials in our Stowe office.

#### **Consultation Fee**

\$55

Our job as professionals is to exceed your expectations.

A consultation is a full hour, and our providers will discuss treatment options, product options and will design a treat-ment plan based on your desired needs and goals.

## **Retail Store**

ZO® Skin Health - Available in St. Albans & Stowe

ZO® Skin Health's proprietary innovations include cutting-edge products and treatment protocols that support your skin health. We take pride in developing exceptional skincare solutions that harness the best in skin health science based on proprietary technologies, unique delivery systems, bio-engineered complexes and advanced, medical-grade formulations.

beautiful skin for a lifetime



LATISSE® is an FDA-approved treatment to grow eyelashes for people with inadequate or not enough lashes.





## REVITALASH COSMETICS

#### **RevitaLash Cosmetics**

RevitaLash Cosmetics, the leading Physician led, award-winning line of lash, brow and hair focused cosmetics specifically designed to elevate, restore, and enhance the health and natural beauty of your most treasured beauty assets.

## **Advanced Mineral Makeup**

We believe you shouldn't have to choose between beautiful makeup and quality ingredients. Advanced Mineral Makeup has become the top endorsed, most progressive line of mineral makeup, created to bring out the best version of who you are, with the highest quality, natural ingredients, and celebrity finish.



## **Environ Skincare**

Environ is a globally recognized and loved Professional Skin Care brand that is built on science, beauty and care. They believe that skin has a life and that vitamin A is the "oxygen" it needs to look healthy and beautiful for life. It is for this reason that we actively pursue skin care science to skillfully and consistently develop best-in-class, skincare.

#### Elta MD

EltaMD sunscreens help prevent sunburn and decrease the risk of skin cancer and early skin aging caused by the sun, when used with other sun protection measures. EltaMD sunscreens are formulated with transparent zinc oxide and are noncomedogenic, sensitivity-free, fragrance-free and paraben-free.





BIO FEMME

## **Nelly Devuyst Bio Femme -**

Available in St. Albans & Stowe

Just like your face needs specialized skin care products, so does your intimate feminine area. Explore a complete range of Nelly De Vuyst® feminine care products specially formulated for women's wellness.

ADVANCED MINERAL MAKEUP

## **BTL Aesthetics**



#### BTL EMSCULPT

Offered in St. Albans & Stowe

Consultation is required for booking & pricing.

Emsculpt is non-invasive procedure that builds

muscle while burning fat! Emsculpt requires no recovery time. You can lay down and relax during the treatment while receiving a great workout!

### BTL emsculptNEO

Offered in St. Albans

Consultation is required for booking & pricing.

EMSCULPTneo reduces fat by 30% and increases muscle by 25% on average! You can sculpt your abdomen, buttocks, arms, and legs. This innovative solution is first of its kind to simultaneously treat both muscle and fat to dramatically change the tone and appearance of the treated area. By delivering optimal energy in a short period of time, we can now give you more results and confidence in less time and for less costs!

#### **BTL EMTONE**

Offered in St. Albans

Consultation is required for booking & pricing.

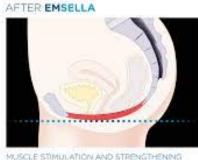
EMTONE is the first and only device that simultaneously delivers both thermal and mechanical energy to treat all major contributing factors to cellulite! Cellulite is a multi-factorial problem. Emtone simultaneously emits both radio-frequency and targeted pressure energy.

#### **BTL EMSELLA**

Offered in St. Albans

Consultation is required for booking & pricing.





IX PELVIC FLOOR MUSCLES MUSCLE STIMULATION AND STRENGTHENING

BTL EMSELLA™ is a great option for women of any age who desire solution for urinary incontinence and improvement in their quality of life! For added benefit Emsella can be partnered with Vaginal Rejuvenation.



## **Injectables & PDO Threads**

Offered in St. Albans & Stowe





Botox® and Dysport® are neurotoxins (muscle-relaxing drugs).

Neurotoxin injections are a well-known and very popular Medical and Cosmetic treatment, used for treating fine lines and wrinkles caused by every day facial expressions, stress and aging, restoring a more youthful appearance. Neurotoxin injections are a fast, effective and non-invasive treatment, ideal for both men and women, regardless of their age, seeking immediate, anti-aging, natural-looking face results without surgery or downtime.

#### **Dermal Fillers**

A smooth consistency gel made of hyaluronic acid—a naturally occurring substance in your skin that helps to add volume and hydration. Dermal Fillers such as Juvederm®, volumize and immediately enhance specific areas of your face, including smile lines, superficial lines, lips and dark circles. Fillers can also be used to contour the cheeks and jaw line.

JUVEDERM®, JUVEDERM®XC, VOLUMA™XC, VOLLURE™XC, VOLBELLA®XC



#### kybella

(deoxycholic acid) injection 10 mg/mL

Consultation is required for booking & pricing.

KYBELLA® (deoxycholic acid) injection is the first and only FDA-approved injectable treatment that is used in adults to improve the appearance and profile of moderate to severe fat below the chin (submental fat). The active ingredient in KYBELLA® is deoxycholic acid, a naturally-occurring molecule in the body that aids in the breakdown and absorption of dietary fat.

#### **Sculptra**

Consultation is required for booking & pricing.



Activate the skin's natural regenerative process with Sculptra Aesthetic and help replenish lost collagen, the most common protein in the body that supports cells and tissue. This FDA-approved injectable subtly and gradually over time helps restore facial volume!

#### **PDO THREADS**

Consultation is required for booking & pricing.

Polydioxanone (PDO) threads are thinner-than-hair medical grade absorbable threads that lift and tighten sagging skin tissues. These threads are implanted into the subcutaneous layer of the skin using small needles or cannulas. Once the threads are inserted, the skin looks rejuvenated, filled and lifted!

## **Sciton Laser Treatments**

All (Sciton) laser treatments are offered at our St. Albans location only.



Sciton was created over a decade ago, with a mission to provide advanced lasers and light sources to the aesthetic medical markets. Being the most innovative laser on the market, there is certain to be a treatment for you.

#### HALO™ with BBL®

Consultation is required for booking & pricing.

HALO™ is the world's first Hybrid Fractional Laser created specifically to revolutionize skin resurfacing. The Halo laser procedure is used to treat skin texture, fine lines, deep pores, scars and is sure to leave your skin glowing after treatment. It can treat several areas of the body including face, neck, chest and more. BBL® is the world's most powerful IPL device on the market. Adding BBL® to your Halo treatment will further reduce superficial pigmentation and will give you best results in decreasing reds and brown spots. It can also help reduce broken capillaries and help diminish rosacea.

#### Forever Clear® BBL®

Consultation is required for booking & pricing

BBL® Forever Clear® uses a unique two-step process to reduce acne. This treatment uses the worlds most powerful IPL device to comfortably and effectively clear acne without creams or medicine. Skin is first treated with BLUE BBL light to eliminate acne-causing bacteria at its source, deep down in the pores. Skin is then treated with YELLOW BBL light to reduce the inflammation and acne-associated redness to give you healthy, luminous skin.

## Forever Young™ BBL®

Consultation is required for booking & pricing

Forever Young is an innovative technology that uniquely delivers light therapy targeting the signs of aging and sun damage. This treatment provides you with all the great benefits of BBL® Corrective, plus more! Forever Young™ is a great maintenance procedure to leave you feeling refreshed, rejuvenated and giving you a youthful appearance.

### **Corrective BBL®**

Consultation is required for booking & pricing

Worried your freckles, age spots or rosacea make you look less radiant and older? With BBL™ they will be a thing of the past! BBL® Corrective is designed to treat several areas of the body including specific areas of the face, upper body and lower body and even individual spots.

## **Laser Hair Reduction**

Available in St. Albans and Stowe



Laser hair reduction is light-based technology that utilizes pulses of light energy to gently penetrate the skin and specifically target, disable and destroy unwanted hair follicles. This noninvasive treatment is a comfortable and easy treatment for the age-old problem of unwanted body hair.

Please be mindful that the laser is attracted to dark pigmented hair and light skin tones. Therefore, the laser will be unable to successfully target light colored hair such as blonde, red, white or gray.

## **Laser Treatments**

#### **Laser Vein Removal**

Facial - Offered in St. Albans & Stowe Body - Offered in Stowe

Consultation is required for booking & pricing.

Laser vein removal works by closing and shrinking the vein and causes scar tissue within the vessel. This then seals off the vein. Blood will continue flowing through other nearby veins instead. This procedure can treat all areas of the body such as face, legs, and more.

#### **Laser Scar Removal**

Offered only in St. Albans

Consultation is required for booking & pricing.

Unlike surgery, laser scar treatment uses short pulses of micro-fine laser light to reach deeply into the skin's sublayers, treating the support structure. Then the body's natural healing process sweeps away older, damaged tissue and rebuilds it with fresh, new collagen and elastin – the crucial building blocks of normal looking skin. It's a fast and simple procedure that's easy to tolerate and requires little-to-no downtime!

## **Madonna Eye Lift**

Offered only in St. Albans

Consultation is required for booking & pricing.

The Madonna Lift is a non-surgical alternative to reduce wrinkles, fine lines, dark circles and drooping around the eyes! The Madonna Lift also assists in lifting the eyebrows, giving your eyes a younger more defined look. This procedure is accomplished by using our CO2 laser and is a simple, 20-minute procedure. For best results, we perform this laser procedure in a series of 3 sessions, depending on your specific goals and skin type.

#### **Laser Genesis Photo Facial**

Offered in Stowe

Consultation is required for booking & pricing.

Laser Genesis is a treatment for mild scars, minimizing large pores, diffuse redness, kill acne bacteria and improve uneven skin, skin tone, and texture. It works as the skin is prompted to make more collagen and elastin by the laser used in the treatment. If you want a youthful glow, as well as dealing with common cosmetic issues, then this may be a treatment recommended to you!

#### **IPL Photo Facial**

Offered in Stowe

Consultation is required for booking & pricing.

Intense pulsed light technology utilizes the power of pulsed light to deliver excellent photo-therapy results. The IPL device by Cutera allows the spectrum of light to be controlled. This allows the different modes to target your specific skin issues. Areas of concern, brown spots, dull skin or other evidence of sun damage and aging can safely and effectively be treated with the IPL Photofacial.

## **Vaginal Rejuvenation**

Offered in St. Albans

Consultation is required for booking & pricing.

MonaLisa Touch is an innovative laser procedure that delivers fractional CO2 laser energy to the vaginal wall tissue. The procedure is performed in an office environment without the need for anesthesia, with minimal pain or side effects. This procedure resurfaces the vagina, removes irregularities, tightens the top layer of tissue and begins to stimulate the regeneration of collagen and elastin. If that weren't enough, many women report this treatment has.

## **Medical Treatments**

#### Microneedling

Offered in St. Albans

Consultation is required for booking & pricing.

Cell therapy, the science of harnessing and using your own healing and reparative properties, is the latest development in anti-aging technology. Long used in orthopedic medicine to stimulate healthy tissue and bone repair after injury, this model is now being applied to heal and correct the damage of time and environmental factors to the face and body. Topical or injectable PRP can be added to any treatment.

#### **PDO AfterGlo**

Offered in St. Albans

Consultation is required for booking and pricing.

PDO AfterGlo™ is a hydrating skin booster made of PDO in powder form and Hyaluronic Acid (HA). HA can smooth rough surfaces and provide a protective layer to help skin retain moisture. It also strengthens skin to improve elasticity and resilience. The PDO powder is mixed with sterile water and HA and micro-needled into to the skin.

## **Hair Regrowth Procedure**

Offered in St. Albans

Consultation is required for pricing and booking.

A wide range of elements including heredity, stress, and illness can lead to unwanted hair loss. Our Hair Regrowth procedure combines Microneedling, PRP, and Amnion to naturally stimulate new growth, enhance existing hair follicles, hair density, and eliminate shedding.

## **Acoustic Wave Therapy**

Offered in St. Albans

The APEX System is a state-of-the-art device allowing the application of therapy using non-invasive shockwaves. Shockwaves are one of the most effective ways to treat pain associated with the muscu-loskeletal system. The medical effects are numerous, including new blood vessel formation, reversal of chronic inflammation, collagen production and much more.

# **Tinting**

Offered in St. Albans

Brow/Lash tinting helps to enhance the color of your natural brows/lashes. Alleviate te the need to fill in your brows or wear mascara!

## **Waxing**

Offered in St. Albans

Our estheticians specialize in full-body comfort waxing using hard wax or honey soft wax.

Waxing series available! Buy 6 of the same wax, get one free Buy 8 of the same wax, get two free

## **Peels**

Offered in St. Albans only

**ZO® 3-Step Peel** 

Consultation is required for booking & pricing.

The ZO<sup>®</sup> 3-Step Peel works to remove the outermost layers of skin to improve the appearance of color tone, texture, and smoothness. Patients will need to be on specific retinol 4-6 weeks prior to first peel.

## **Facials**

Available in St. Albans only

#### **EMPOWER Signature Facial**

This 60-Minute treatment using **Environ Skincare** products designed exclusively for Medical Spas is customized to your skin needs. Your Esthetician starts with a skin analysis, a deep cleanse, a respectful exfoliation, extractions, masque, relaxing massage and finishing products.

## **ZO® Signature Facial**

Enjoy a 60-Minute service exclusively using **ZO Skin Health** Products. Following a similar routine to our traditional signature facial, ZO's professional treatment protocols can target many skin concerns such as acne, aging, pigmentation, redness, dryness and more!

## **Express Facial**

Perfect for the busy on-the-go person, teenagers, or maybe just a little pick me up. This 35-minute facial using

Environ Skincare Products includes a skin analysis, cleanse, respectful exfoliation, extractions and finishing products.

## **ZO® Express Facial**

The ZO Express Facial is a 35 minute traditional facial, exclusively using ZO Skin Health Products. Much like the traditional Express Facial, your treatment will include a skin analysis, cleanse, exfoliation, extractions, and finishing products.

### **ZO® Glow-Up Facial**

Enjoy this 45-minute exfoliating facial that is sure to leave your skin tight, toned, and glowing! Treatment begins with a cleanse, exfoliation, skin brightening sheet masque, and finishing products using exclusively ZO Skin Health products. No down time required!

## **Body Treatments**

## **Vajacial**

When you think of a traditional facial you probably don't think of the Vajacial! The Vajacial treatment is preformed by one of our estheticians and provides an exfoliating cleanse, soothing mask, ingrown hair removal and finishing products to keep the "girl area" happy and healthy.

#### **Back Facial**

A deep cleanse that is specifically designed to nourish and repair the skin on your back. This facial treatment is great for athletes, acne prone patients, or anyone looking to exfoliate, cleanse, and nourish their back.

## **HydraFacial & Facial add-ons**

#### **ThermoClear**

St. Albans

Can be provided as a stand-alone treatment or add to any facial!

ThermoClear treatments are quick and effective. Treatment of broken capillaries & cherry angiomas can disappear immediately and hyper-pigmented areas such as "age spots" take only a few seconds to treat! Cystic Acne pressure can be relieved immedi-ately with improved healing time. With little to no discomfort and a short healing time of four to five days to a few weeks for larger skin irregularities, this affordable treatment is your laser alterna-tive. The results are remarkable!

#### **HYDRAFACIAL**

Available in St. Albans and Stowe

Best results are seen in a series of 3 or 6 treatments.

This 45-minute facial includes LED light therapy and is customizable with a skincare booster of your esthetician's choice to target specific skin concerns such as melasma, acne, redness and much more!

# Add any of the services listed below, to enhance your facial! All treatments listed can be added to any facial service.

HydraFacial Hand Treatment

HydraFacial Neck/Décolleté

HydraFacial Arm Treatment

HydraFacial Back Treatment

HydraFacial Eye Perk

HydraFacial Lip Perk

**ZO Firming Serum Accelerated** 

ZO Brightalive Serum Accelerated

**ZO Skin Brightening Sheet Masque** 

#### **HydraFacial Lymphatic Drainage Treatment Add-On**

Available in St. Albans and Stowe

Lymphatic Drainage works to remove toxic buildup, decrease inflammation, and helps detoxify the skin! This service can be done as a stand-alone treatment or can be added on to any facial!

## Massage

Offered in St. Albans

Make yourself comfortable in our rejuvenating massage room, enjoy the glow and warmth of the fireplace, flickering candles, take in the scent of top grade, Young Living Essential Oils diffusing around you, all while enjoying a 60 or 90 minute massage, entirely tailored to your bodies needs!

#### **Enhance your massage with:**

**Hot Stones** 

Young Living Ortho Sport Massage Oil - A blend of oils formulated specifically to leave skin, muscles, and joints with a comforting, cool-warm sensation.

Young Living Relaxation Massage Oil - A blend of oils formulated specifically for their relaxing, restorative properties.



Visit us at empowermedspa.com

Follow us on Facebook, Instagram, and TikTok!

New pricing begins as of February 1st, 2024.

\*Specials cannot be combined.\*